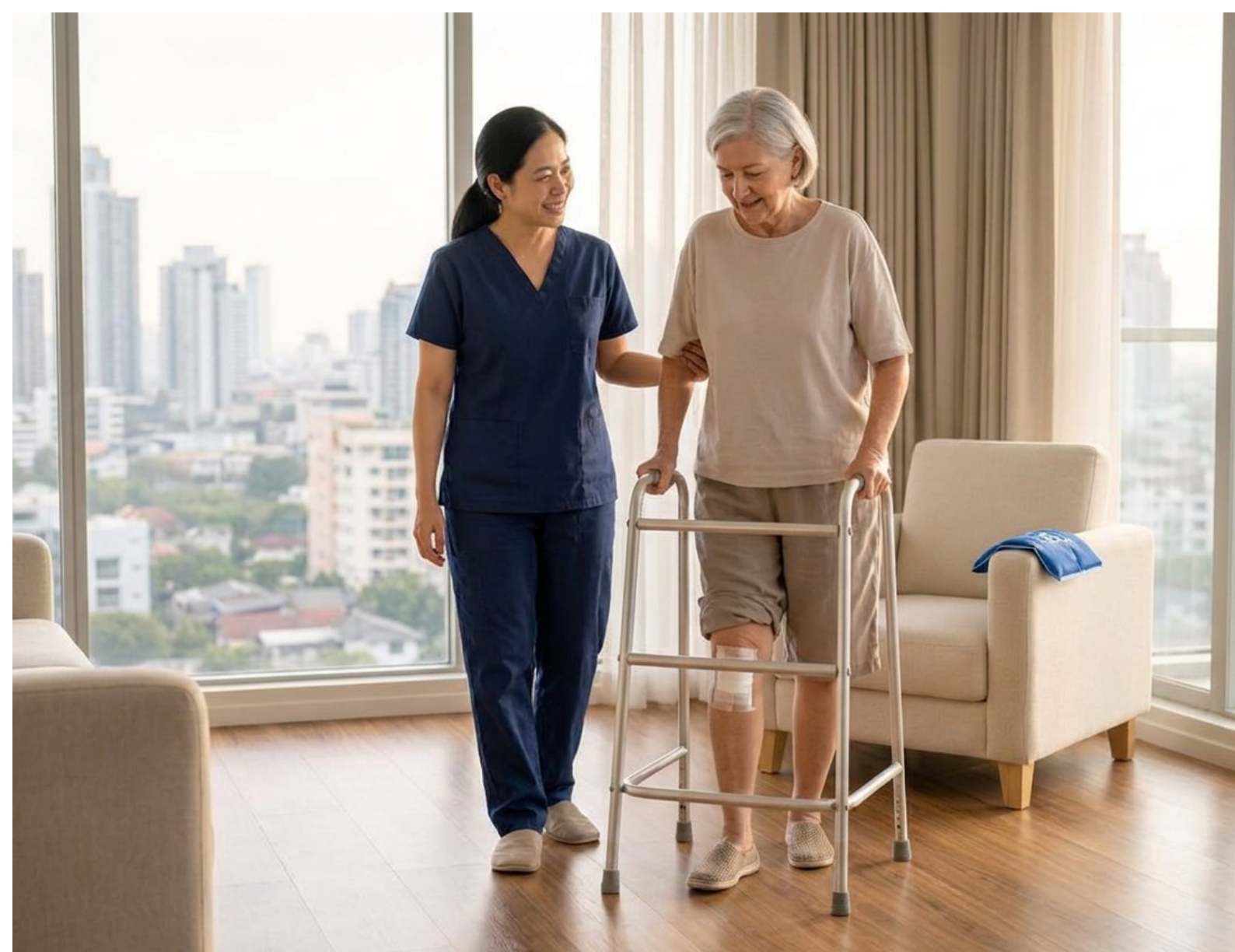




# The Thailand Knee Replacement Guide

Total and partial knee: real Thai prices, week-by-week recovery, physio, stairs and flying home.

Bangkok, Pattaya, Phuket, Chiang Mai

Researched by Elder Thai Staff · October 2026

Emergency in Thailand: call **1669**



# The Thailand Knee Replacement Guide

**Emergency in Thailand:** call **1669** (free national [medical emergency line](#)). **Bumrungrad:** **1378** from a Thai SIM or **+66 2066 8888** from a foreign phone. **Bangkok Hospital:** **1719** from a Thai mobile or **+66 2310 3000** from a foreign phone.

Reading time: about 18 minutes · Last updated: October 2026 · Researched by Elder Thai Staff

Recovering on your own? [Get a caregiver for the first weeks →](#)

This guide is for you if you are having a knee replaced in Thailand: a **total knee replacement** (TKR), a **partial knee replacement** (UKA), one knee or both, standard or robot-assisted. It assumes you may be flying in and recovering without family around. It gives you real Thai prices, a week-by-week recovery plan, how physio works here, and how to set up a Thai condo or hotel room for a new knee.

For planning any operation in Thailand (choosing a hospital, deposits, insurance), see [The Guide to Getting Surgery in Thailand](#). For hip, shoulder and spine surgery, see our [orthopedic surgery guide](#).

Your surgeon in Thailand always has the final say. Where this guide and your surgeon differ, follow your surgeon.

## 1. The short answer

- **Hospital stay:** about **3-7 days** for a total knee, depending on the hospital and your progress: 3-5 at [Bumrungrad](#), 4-5 at [Bangkok Hospital](#), 4-7 on average at [Phyathai 3](#). A partial knee is often shorter.
- **Price:** published 2026 Thai packages for one knee run from about **210,000 THB** to **529,000 THB**, depending on the hospital, the implant and whether a robot is used ([section 3](#)). Check that the package is open to fly-in patients.
- **How long to stay in Thailand:** a Thai hospital advises [at least 7 days](#) before any flight; for long-haul, plan on several weeks and let your surgeon set the date.
- **The hardest part is the first 2 weeks at home:** walker, swelling, painkillers, exercises several times a day. Most people need help with showering, meals and getting to physio.
- **Physio is the operation's second half.** Thai hospitals call daily knee-bending exercises the [most important part of recovery](#).

[Plan your first two weeks with a caregiver →](#)

## 2. Total or partial knee?

|                  | Total knee replacement (TKR/TKA)                                                 | Partial knee replacement (UKA/UKR)                                                                                                                            |
|------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What is replaced | All the worn joint surfaces                                                      | Only the worn side (usually the inner side), keeping your ligaments ( <a href="#">Samitivej</a> )                                                             |
| Who it suits     | Most people with advanced arthritis                                              | Wear on one side only, kneecap OK, little bowing, good bend; not severe osteoporosis, rheumatoid arthritis or heavy body weight ( <a href="#">Samitivej</a> ) |
| Hospital stay    | 3-5 days ( <a href="#">Bumrungrad</a> ); 4-5 at <a href="#">Bangkok Hospital</a> | 3-4 days at Samitivej; MedPark's package is <a href="#">2 nights</a>                                                                                          |

|                         | Total knee replacement (TKR/TKA)                                           | Partial knee replacement (UKA/UKR)                                                               |
|-------------------------|----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Walking                 | With a walker from the first day or two                                    | Weight on the leg within 1-2 days; back to light work in 3-4 weeks ( <a href="#">Samitivej</a> ) |
| Kneeling, floor sitting | Thai hospitals advise avoiding them long term ( <a href="#">Phyathai</a> ) | Samitivej says many people can sit on the floor and kneel again                                  |

Only your surgeon can tell from your X-rays which one you can have. Ask: "Am I a candidate for a partial knee? If not, why not?"

**Both knees at once?** Thai hospitals offer bilateral packages. It means one trip, but a harder first month: no "good leg" to lean on. If you choose both, plan for more help at home.

**Robot-assisted?** Many Bangkok hospitals now offer it. It is a tool for the surgeon, not a different operation; what matters most is the surgeon's experience and your physio.

### 3. What a knee replacement costs in Thailand

Real package prices published by Thai hospitals in 2026. They are examples, not quotes, and most expire on 31 December 2026.

| Hospital                                       | Package                             | Price (THB)                                                            | Notes                                                           |
|------------------------------------------------|-------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------|
| <a href="#">Phyathai Nawamin</a>               | Total knee, 1 side, 4 days/3 nights | <b>210,000</b>                                                         | Promotion price                                                 |
| <a href="#">Ratchaphruek</a> , Khon Kaen       | Total knee, 1 or 2 sides            | <b>220,000-350,000</b>                                                 | Includes rehab team; self-pay only, not with insurance          |
| <a href="#">MedPark</a>                        | Total knee, 3 nights                | <b>250,000</b> (robotic 280,000)                                       | <b>Excludes the implant;</b> Thai and resident foreigners only  |
| <a href="#">MedPark</a>                        | Partial knee, 2 nights              | <b>238,000</b>                                                         | Excludes implant; includes 4 physio sessions                    |
| <a href="#">Bangkok Hospital</a>               | Total knee, 4 nights                | <b>270,000</b> without implant;<br><b>399,000</b> robotic with implant | Includes take-home medicines for the operation; Thai and expats |
| <a href="#">Bangkok Hospital</a>               | Robotic partial knee, 1 side        | <b>365,000</b>                                                         |                                                                 |
| <a href="#">Piyavate</a>                       | Robotic total knee, 1 side          | <b>290,000</b>                                                         | Thai and resident foreigners only; pre-op tests extra           |
| <a href="#">Samitivej Thonburi</a>             | Robotic total knee                  | <b>299,000</b>                                                         | Smith & Nephew implant included                                 |
| <a href="#">Phyathai 2</a>                     | Robotic total knee, 1 / 2 sides     | <b>300,000 / 600,000</b>                                               | Starting prices                                                 |
| <a href="#">Samitivej Sukhumvit</a>            | Robotic knee or partial knee        | <b>529,000</b>                                                         | 4-day stay and implant included                                 |
| <a href="#">Bangkok International Hospital</a> | Robotic, both knees, 5 nights       | <b>745,000</b>                                                         | Implant included; says "Available for Fly in"                   |

**Read the small print:**

- **Is the implant included?** It can be the biggest single item. MedPark and Bangkok Hospital's standard packages exclude it.
- **Can you use this price?** Several packages are for Thai citizens and foreigners living in Thailand only. If you are flying in, ask for the international price in writing.
- **What's excluded?** Pre-op tests, extra nights, ICU, complications and your regular medicines are common exclusions ([Bangkok Hospital terms](#)).
- **How many physio sessions?** MedPark's total-knee package includes 5 inpatient sessions, a partial knee 4 ([MedPark](#)). Physio after discharge is usually extra.

**Budget the rest of your stay too:**

| Item                              | Typical cost                                                                       |
|-----------------------------------|------------------------------------------------------------------------------------|
| Hotel near the hospital (Bangkok) | From about <a href="#">1,705-3,000 THB a night</a>                                 |
| Home physiotherapy (Bangkok)      | Example from one Bangkok provider: about <a href="#">1,500-1,800 THB a session</a> |
| Wheelchair rental                 | From <a href="#">2,600 THB a month</a>                                             |
| Elder Thai caregiver              | From 1,200 THB for 4 hours a day ( <a href="#">see below</a> )                     |

Deposits and insurance work the same as for any operation: see [quotes, deposits and insurance](#).

## 4. How long to stay in Thailand

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- **In hospital:** about 3-7 days ([section 1](#)). Thai hospitals send you home once you can get out of bed, walk to the bathroom and [manage stairs safely](#).
- **Before any flight:** Ratchaphruek Hospital advises [at least 7 days](#), an extra-legroom seat and an airline wheelchair if you need one.
- **Before a long-haul flight:** no Thai hospital we found publishes a fixed figure. Many orthopedic units abroad suggest avoiding flights over 4 hours for about [3 months](#); the [AAOS](#) says to ask your doctor; a [2023 review](#) found no agreement between countries. These are international norms; confirm with your hospital in Thailand.
- **Wound check:** Bangkok Hospital takes the waterproof dressing off around [day 14-20](#). Stay at least until then.

**A realistic plan for a fly-in patient:** 4-6 weeks in Thailand for one knee. That is our planning suggestion, not a hospital rule. It covers a few days of tests and consultation, about a week in hospital, the wound check around day 14-20, and the move from walker to cane in weeks 3-6, when you are steadier for airports. Plan longer for both knees, and let your surgeon set the flight date. Book a flexible ticket.

## 5. Your visa

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Choose a visa that covers the whole stay above.

- **Visa exemption:** up to [30 days since 15 September 2026](#) for eligible nationalities, meant for tourism. Usually **too short** for a knee replacement; a [1,900 THB extension](#) is discretionary.
- **Tourist visa for medical treatment:** for treatment under [about 60 days](#). Often enough for one knee.
- **Non-Immigrant O for medical treatment:** for longer than 60 days, with a hospital letter and [proof of funds](#). Suits both knees or a slow recovery. A companion can apply too.

- **Medical extension inside Thailand:** if your surgeon says you can't fly yet, with a doctor's certificate ([thailand.go.th](http://thailand.go.th)).
- **DTV:** medical treatment is a [qualifying purpose](#); suits a long, flexible stay.

Rules depend on your passport. **Thai Kru** can confirm the right visa and prepare it for you. (Thai Kru is our sister visa service.)

## 6. Where to stay: setting up for a new knee

**Type of place:** a serviced apartment or hotel within 15 minutes of the hospital. You will go back for physio and check-ups, often several times a week.

### Look for:

- a **lift**, and no steps at the entrance. Phyathai advises a bedroom on the ground floor and avoiding stairs if you are [at risk of falling](#).
- a **toilet you can get on and off easily**: if it is low, add a raised seat or a toilet frame (see [supplies](#))
- a **walk-in shower** with room for a shower chair, no bathtub, no step into the bathroom
- a **firm chair with arms** at normal height or higher; avoid low sofas ([Srisawan Hospital](#))
- a bed high enough to sit on with your feet flat
- room to use a walker between the bed and the bathroom

**Check before you book:** a step or lip into the bathroom, slippery polished tiles, low sofas and beds, and pools or lobbies reached by a few stairs. Ask for photos of the bathroom and the route from the lift.

### By city:

- **Bangkok:** hotels near [Bumrungrad](#) from about 1,705 THB a night; near Samitivej (Sukhumvit 49) and Bangkok Hospital (Soi Soonvijai).
- **Pattaya:** near [Bangkok Hospital Pattaya](#), which offers total and partial knee replacement.
- **Phuket:** near [Bangkok Hospital Phuket's Bone & Joint Center](#) in town, not a hillside villa.
- **Chiang Mai:** near [Bangkok Hospital Chiang Mai's Bone and Joint Center](#).

Elder Thai caregivers work in hotels, condos and serviced apartments in all four cities ([hotel recovery care](#)).

## 7. Getting ready

### Supplies

| Item                                                     | Where in Thailand                                                                        |
|----------------------------------------------------------|------------------------------------------------------------------------------------------|
| Walker (วอล์กเกอร์), later crutches or a cane            | Usually from the hospital; also <a href="#">Lazada</a> and Shopee                        |
| Shower chair (เก้าอี้อาบน้ำ)                             | Lazada, Shopee, or rent from <a href="#">KIN</a> in Bangkok                              |
| Raised toilet seat or commode frame (เก้าอี้ที่นั่งถ่าย) | Lazada, Shopee; commode from 300 THB a day at <a href="#">KIN</a>                        |
| Cold packs (2, so one is always cold)                    | Boots, Watsons, any pharmacy                                                             |
| Long-handled grabber and long-handled sponge             | Lazada, Shopee. Srisawan suggests a <a href="#">long-handled sponge</a> to avoid bending |

| Item                                    | Where in Thailand                                                    |
|-----------------------------------------|----------------------------------------------------------------------|
| Rolled towel for under your ankle       | From your room                                                       |
| Non-slip shoes with backs; loose shorts | Bring from home                                                      |
| Cushion to raise a car seat             | Srisawan suggests one for <a href="#">getting in and out of cars</a> |

## The room

- Clear a straight path from bed to bathroom; remove loose mats and cables.
- Night lights by the bed and in the bathroom.
- Move daily items to chest height so you don't bend low or reach high ([Srisawan Hospital](#)).
- Keep phone, water, medicines and the cold pack within reach of your chair.

## Food

Thai hospitals advise protein (fish, eggs, beans), calcium and vitamin D, and plenty of water, and no alcohol or smoking while you heal ([Phyathai](#)). Fruit, vegetables and 8 glasses of water a day help prevent constipation from painkillers ([Srisawan](#)). Order through Grab or LINE MAN; stock breakfasts before surgery.

## Before surgery (prehab)

Ask the hospital physio to teach you the exercises and walker technique **before** the operation. You'll learn them faster without pain.

## Your caregiver

Decide before you fly who will help on discharge day and through the first two weeks. Many people book **a morning block** (shower, medicines, exercises) and **an afternoon block** around physio. [See how this works →](#)

# 8. Week by week: your recovery timeline

Every surgeon and physio sets their own plan. This shows what Thai hospitals describe, so you know what's coming.

## Days 0-4: in hospital

- At Phyathai 2 you start moving within **24 hours** (timing varies by hospital and surgeon): tightening the thigh muscle, bending and straightening the knee, sitting up, then walking with a walker ([Phyathai 2](#)).
- Cold packs, ankle pumps and gentle bending for pain and swelling ([Phyathai 3](#)).
- You go home when you can get out of bed, walk to the bathroom and do stairs safely, on average after **4-7 days**. Bangkok Hospital aims for about **90° of bend before you leave**.

## Week 1: first days at home

- Walker everywhere. Short walks every hour or two while awake.
- Exercises several times a day, as filmed with your physio.
- Rest 30-60 minutes in the morning and afternoon ([Srisawan](#)).
- Blood thinners on time if prescribed ([Phyathai 2](#)).

- Expect pain and swelling, worst in the evening. Cold packs and raising the leg help.
- **This is the week most people need help** with the shower, meals and getting to appointments.

## Week 2: wound check

- Waterproof dressing usually comes off around **day 14-20** at Bangkok Hospital, which uses dissolving stitches ([Bangkok Hospital](#)). Other hospitals use clips removed in clinic; ask which you have.
- Bend targets differ: one Thai orthopedic clinic aims for **more than 90° by 2 weeks** ([Kankavee Orthopedic Clinic](#)), while Phyathai 2 is more cautious (see below). Your physio sets your target.

## Weeks 3-6: walker to cane

- Your physio moves you from walker to crutches or a cane when you are steady ([Srisawan](#)).
- Target **more than 120° of bend by 6 weeks** ([Kankavee](#)).
- Don't stand or walk for long without rests in the first **6-8 weeks**; overdoing it brings swelling and pain ([Phyathai 2](#)).
- Driving: usually about **4-6 weeks**, when your doctor agrees ([Srisawan](#)). In Thailand you will mostly use Grab anyway.
- No soaking in a bath or pool until about **5-6 weeks** ([Bangkok Hospital](#)), or until your surgeon says the wound is healed.

## Months 2-6

- Most people get used to the new knee, reach about **120-140°**, and climb stairs foot-over-foot ([Phyathai 3](#)).
- Good exercise: brisk walking, swimming, cycling ([Phyathai 3](#)). Avoid running and jumping.

**Different targets?** Phyathai 2 warns against **bending past 90° in the first month**, especially in deep positions like squatting ([Phyathai 2](#)), while others push for more bend sooner. That difference is real. Your own surgeon and physio set your target.

## 9. Physio in Thailand

- **In hospital:** daily sessions with the hospital physio. MedPark's packages include [4-7 sessions](#) depending on the operation.
- **After discharge, at the hospital:** most private hospitals have a rehab centre; Phyathai 3's is open daily [08:00-19:00](#). Ask how many sessions a week and the price per session.
- **At home:** licensed physiotherapists visit in Bangkok for about [1,500-1,800 THB a session](#). Useful in the first 2 weeks when getting to the hospital is hard.
- **Your homework matters most.** Physio sessions are a few hours a week; the exercises you do alone, several times a day, decide your bend. Ask to film every exercise.
- **Stop and rest** if exercise brings pain; if pain lasts more than 1-2 days, see the doctor ([Phyathai 3](#)).

Ask your physio, and write the answers down:

| Ask (English)                                | Thai (polite)                                 |
|----------------------------------------------|-----------------------------------------------|
| How much weight can I put on my leg?         | ขาข้างที่ผ่าตัดลงน้ำหนักได้แค่ไหนครับ/คะ      |
| How many degrees should I bend by next week? | สัปดาห์หน้าควรงอเข้าได้กี่องศาครับ/คะ         |
| May I film the exercises?                    | ขอถ่ายวิดีโอตอนสอนท่ากายภาพบำบัดได้ไหมครับ/คะ |

| Ask (English)                                       | Thai (polite)                                        |
|-----------------------------------------------------|------------------------------------------------------|
| When can I change from the walker to a cane?        | เมื่อไหร่จะเปลี่ยนจากวอล์กเกอร์เป็นไม้เท้าได้ครับ/คะ |
| How many physio sessions do I need after I go home? | หลังกลับบ้านต้องทำกายภาพบำบัดอีกกี่ครั้งครับ/คะ      |

(End with ครับ *khrap* if you are a man, คะ *kha* if you are a woman.)

An Elder Thai caregiver can take you to physio, wait, and help you practise at home between sessions ([joint replacement recovery](#)). [Get help with physio days →](#)

## 10. Recovery and movement rules

### Rest and sleep

- Lie with a **rolled towel under your ankle**, not a pillow under your knee; a pillow there lets the knee stiffen bent ([Srisawan](#)). To lift a swollen leg, put 1-2 pillows under the calf ([Siriraj nursing guidance](#)).
- Change position often ([Phyathai 2](#)).

### Move

- Walker: move it forward a little, lean on it, step with the operated leg, then the good leg ([Srisawan](#)).
- **Avoid:** squatting, sitting on the floor, cross-legged or side-sitting (พับเพียบ), kneeling, low chairs, crossing your legs and lifting heavy things ([Phyathai 2](#), [Phyathai 3](#)).
- **Out and about:** temple visits and some massage shops involve sitting on the floor or kneeling. Skip them for now, or ask for a chair. Ask your surgeon before any massage on the operated leg.

### Stairs: "up with the good, down with the bad"

Thai hospitals teach this, with a rail and your crutches ([Srisawan](#)):

- **Going up:** good (non-operated) leg first, leaning on the crutches or rail, then the operated leg.
- **Going down:** crutches first, then the operated leg, then the good leg.
- One step at a time. Have someone beside you the first 2-3 times.
- In a condo, use the lift. Avoid stairs you don't need ([Phyathai 2](#)).

### Wash

- Keep the wound dry until your doctor allows it ([Phyathai 2](#)).
- Sit on a shower chair ([Srisawan](#)). Many modern bathrooms are open wet-room style with tile that gets slippery: use a non-slip mat inside and out.
- No bath, pool or sea for about 5-6 weeks ([Bangkok Hospital](#)).

### Long term

- Tell any doctor about your implant before an MRI ([Srisawan](#)).
- Keep your weight down; swim, cycle, walk; avoid running and heavy lifting ([Phyathai 2](#)).

## 11. When to call

### Call 1669 now (or your hospital's emergency line) if you:

- have chest pain, a tight chest or trouble breathing ([Phyathai 2](#)). This can be a clot in the lung ([Ratchaphruek](#)).
- fall and cannot get up, or hit your head
- faint, or are hard to wake or newly confused

**How to call:** say "English", give your address and a callback number, and don't hang up until told to ([Bumrungrad](#)). Keep this by the phone:

"ต้องการรถพยาบาล ผม/ฉันเพิ่งผ่าตัดเปลี่ยนข้อเข่า ที่อยู่คือ [hotel name in Thai], ห้อง [room], เบอร์โทร [number]" (I need an ambulance. I just had a knee replacement. The address is ...)

### Call your surgeon's clinic today if:

- the wound is swollen, red, hot, bleeding, or oozing pus ([Phyathai 2](#))
- you have a fever over **38°C**, especially with a sore wound
- the knee hurts badly even at rest
- the whole leg or **one calf** is swollen, red or tight (possible clot)
- the knee feels loose, clunks, or you suddenly can't put weight on it
- you missed or doubled a blood-thinner dose

### Mention at your next visit:

- swelling that goes down overnight
- bruising down the shin or ankle
- stiffness in the morning
- constipation (more water, fruit and vegetables first)

[A caregiver watches these signs with you every day →](#)

## 12. Flying home

- Your surgeon sets the date. Book a flexible ticket ([section 4](#)).
- Get a **Fit for Travel certificate** and medical summary at your last visit; at Bumrungrad it is [valid for 7 days](#).
- Book an **extra-legroom or aisle seat**, and ask the airline for a **wheelchair** through the airport ([Ratchaphruek](#)).
- On board: walk the aisle and flex your feet about every 30 minutes, drink water, no alcohol on painkillers ([Bangkok Hospital](#)). Wear compression stockings if your surgeon advises.
- Medicines, especially blood thinners, in hand luggage.
- Book physio near home before you leave, and take your exercise videos.
- Need someone to get you to the airport? Elder Thai offers [medical escort transport](#).

## 13. Mistakes people make

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- **Comparing a package without the implant to one with it.**
- **Assuming a "Thai and expats" price applies to you.**
- **A 30-day visa for a 6-week recovery.**
- **A condo with a step into the bathroom and a low sofa.**
- **Skipping exercises because it hurts.** The bend you lose in weeks 1-6 is hard to get back.
- **Doing too much on a good day** and spending the next two with a swollen knee.
- **Kneeling or sitting on the floor on a temple visit** in the first months.
- **Being alone for the first shower.**

## 14. An example (illustrative)

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*This example is made up to show how the plan fits together. It is not a real patient.*

Mark, 69, flies from Sydney for a total knee replacement in Bangkok.

- **Before booking:** he gets a written international price including the implant and 4 nights, and a Non-O medical visa through a visa agency. He books a serviced apartment 5 minutes from the hospital with a walk-in shower and a lift, and a flexible flight 6 weeks out.
- **Days 0-4:** he films every exercise and the stair technique.
- **Weeks 1-2:** a caregiver comes 4 hours each morning for the shower, medicines and exercises, and 8 hours on physio and wound-check days.
- **Weeks 3-6:** he moves to a cane, does physio twice a week at the hospital, and stops the caregiver in week 4.
- **Week 6:** his surgeon clears him to fly. He books a wheelchair at both airports.

## 15. Get a caregiver: Elder Thai after-surgery care

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A new knee is weeks of hard, daily work, and the first two weeks are when people alone struggle most: the first shower, the stairs, the night-time trip to the bathroom on painkillers.

Elder Thai sends a trained, bilingual caregiver to your hotel, condo or serviced apartment, working to a plan set by our [Nurse Coordinator](#) and your physio's instructions ([joint replacement recovery](#), [orthopedic recovery care](#)).

### What your caregiver does:

- meets you at discharge and sets up your room for the walker
- stands by for showers, toilet and stairs, within your surgeon's limits
- reminds you of the exercise sessions and helps you follow your videos
- keeps your medicine log, especially blood thinners
- brings cold packs, meals and laundry
- checks the wound, swelling, calves and temperature daily ([post-op monitoring](#))
- takes you to physio and check-ups and speaks Thai with staff ([hospital companion](#))
- tells the Nurse Coordinator early if something looks wrong

**Shifts and backup:** caregivers work in shifts, so round-the-clock care is shared, not one exhausted person. A **replacement caregiver is always ready** if yours is sick or off.

**What we do not do:** replace your surgeon or physio. Registered nurses handle clinical tasks such as injections or complex dressings ([wound care at home](#)).

**Pricing:** you choose hours per day and number of days. No fixed package.

| Hours per day       | 4 hours | 8 hours | 12 hours | 24 hours |
|---------------------|---------|---------|----------|----------|
| Price per day (THB) | 1,200   | 2,200   | 2,500    | 3,500    |

*Example (illustrative), one knee:* 24 hours for the first 2 nights home, then 8 hours a day for 5 days, then 4 hours a day for 7 days =  $2 \times 3,500 + 5 \times 2,200 + 7 \times 1,200 = 26,400$  THB. Many people choose [overnight care](#) for the first nights; both knees often need a [live-in caregiver](#) for longer.

**Where:** Bangkok, Pattaya, Phuket and Chiang Mai.

**How to start:** send us your hospital, surgery date, which knee(s) and where you will stay. Plan before you fly and we'll be ready on discharge day.

[Request knee replacement aftercare](#) · WhatsApp **+66 62 837 0302** · LINE · [hello@elderthai.com](mailto:hello@elderthai.com)

## 16. FAQs

**How much does a knee replacement cost in Thailand?** Published 2026 packages for one knee range from about 210,000 to 529,000 THB, and 745,000 THB for both knees robotically at Bangkok International Hospital ([section 3](#)). Check whether the implant is included and whether the price is open to foreign visitors.

**How long is the recovery?** About 3-5 days in hospital, several weeks on a walker and then a cane (your physio decides when), and 2-6 months to feel at home with the knee ([section 8](#)).

**How soon can I fly home?** A Thai hospital advises at least 7 days before flying; for long-haul, many surgeons want several weeks or more. Your surgeon decides ([section 4](#)).

**Can I recover in a condo with stairs?** Use the lift, avoid stairs you don't need, and learn "up with the good, down with the bad" before discharge ([section 10](#)).

**Is a partial knee better?** It's smaller surgery with a faster recovery, but only suits wear on one side of the knee ([section 2](#)).

**Do I need someone with me?** Not every day for weeks, but most people need help in the first 1-2 weeks. You can book help a few hours a day ([section 15](#)).

### Printable checklist

Print this, keep it by the bed, and tick things off. The PDF fits on one A4 page, with emergency numbers and space for your address in Thai.

**Printable one-page checklist:** [download the PDF](#).

## Sources

- [Bangkok Hospital: hip and knee packages \(Thai\)](#), [fly-in robotic knee package](#), [knee replacement stay \(Thai\)](#), [care after joint replacement \(Thai\)](#)
- [Phyathai 2: after total knee replacement \(Thai\)](#); [Phyathai 3: knee rehab \(Thai\)](#); [Phyathai Nawamin knee package](#); [Phyathai 2 robotic knee package](#)
- [Srisawan Hospital: after knee surgery \(Thai\)](#)
- [Samitivej: partial knee replacement \(Thai\)](#), [robotic knee and hip program](#); [Samitivej Thonburi robotic knee package](#)
- [MedPark: knee and hip packages](#), [partial knee package](#)
- [Piyavate robotic knee package](#); [Ratchaphruek knee package and after knee replacement \(Thai\)](#)
- [Kankavee Orthopedic Clinic: after knee replacement \(Thai\)](#); [Siriraj nursing: knee care \(Thai, PDF\)](#)
- [Bumrungrad: total knee replacement](#), [medical travel](#), [hotels nearby](#), [emergency](#)
- [KIN: home physio and equipment rental](#)
- [Thai visa sources: PRD](#), [immigration fees](#), [Thai embassy KL](#), [Thai embassy Budapest](#), [thailand.go.th](#), [DTV](#); [Thai Kru](#)

## For comparison (foreign guidance):

- [AAOS OrthoInfo: activities after knee replacement](#)
- [Royal Orthopaedic Hospital: travel, surgery and DVT](#)
- [Cureus 2023: air travel after hip and knee replacement](#)