



Emergency hospital stay: your checklist

Costs, insurance and after-care in Thailand. The doctors treating you come first.

Emergency: call **1669** (free, 24 h). Bangkok Erawan **1646**. Tourist Police: **1155**.

1. Before anything happens

- ☐ Private hospital chosen and registered (HN); govt hospital as fallback
- ☐ Saved: 1669, hospital ambulance, insurer 24-h line
- ☐ Medical card in wallet (English + Thai)
- ☐ Address written in Thai by the door
- ☐ Insurance checked: direct billing, excess, home care

2. Getting there

- ☐ Life at risk: 1669, nearest hospital
- ☐ Take passport, insurance card, medicines, phone
- ☐ Bangkok: Erawan 1646; Tourist Police 1155

3. At the desk

- ☐ Ask hospital to request a Guarantee of Payment
- ☐ Call your insurer yourself within 24 h; note reference
- ☐ Deposit amount and refund terms in writing
- ☐ Written cost estimate asked

Call 1669 now: face, arm or leg weakness or slurred speech; chest pain or severe breathlessness; fall with head injury or cannot get up; sudden confusion; vomiting blood; heavy bleeding.

Call your doctor today: fever, new cough or burning urine; new confusion; eating or drinking much less; wound red, hot or leaking; swollen painful calf; missed or doubled dose.

4. During the stay

- ☐ Daily running total from the cashier
- ☐ Room within your insurance limit
- ☐ Daily talk with the doctor: plan and discharge date
- ☐ Alone? Embassy, companion or interpreter

5. Bill and disputes

- ☐ Itemised bill checked before paying
- ☐ Prices: DIT 1569; charges: HSS 02 193 7000 x18623
- ☐ Insurer refused: written appeal, then OIC 1186
- ☐ Keep all receipts, certificates and summaries

6. Discharge and home

- ☐ Discharge summary, medical certificate, medicine list
- ☐ Follow-up date; who to call at night
- ☐ Walker / commode / bed ready; fridge stocked
- ☐ Help for first week (24 h 3,500 THB/day; 4 h 1,200)

My address in Thai (for 1669):

ต้องการรถพยาบาล มีคนเจ็บป่วยฉุกเฉิน
ที่อยู่คือ _____